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| Name: mr. GOWARDHAN REDDY | Reg No: 4-7SMHC17 |
| Age / Sex:41/M | Contact No:9060937722 |
| Marital Status:UNMARRIED | Date:7/7/17 |
| Occupation:TEACHER SOCIAL SINCE 5 YEARS- DIPLOMA MECH ENGINEERING | Dr. PJFP |
| Address:  BLORE SINCE 15 YRS | DIAGNOSIS- |

1. SNEEZING <ON WAKING, EVEING EXPOSED TO DUST. RUNNING NOSE. SINCE 2008. (PROFESSIONALLY STREESED AT THAT IME.
2. ITCHING GENITALS SINCE 2.5 YEARS. (WIFE DM HAS VAGINAL CANDIDIASIS). FORESKIN PAINFUL TO MOVE BACK SINCE 1.5 YEARS. INTERCOURSE SLIGHTLY PAINFUL DUE TO THIS ONE HOUR TO 2 DAYS HE ITCHING LASTS..
3. HEARTBEAT SLIGHTLY ON THE LOWER SIDE TOLD BY THE OTHER PHYSICIAN. REPORTS

WT: 68.5KG.

FAMILY H/O:

DAD: NS

MOM: ALEERGIC RHINITS

BRO: NS.

PAST H/O:

* TONSILLECTOMY DONE IN 2010…. HAD RECC INFECTIONS ….

RX:

1.NIT ACID 200 – 5 DOSES

2. SULPH 200 – 2 DOSES WEEKLY.

3. ALL.CEPA 200 – 4-0-4 B/FOOD.

4. NAT MUR 6X 4-4-4-4

22/7/17: feels better than befr by 4-5 %. Nose block feels always there unilateral.

Rx: 1)calc carb 200– 3 doses – once in 5 days

2) lyco 200 – 3 doses.

3) thuja200 - 1 dose- b/food. Now.

4) ks 12x 4-4-4-4.

21/8/17: running nose 7-8 % ok. Nose block better by 10%. Feels when he goes fr drinks and non veg feels a little more than normal.

Rx:

1. Ars alb 200 – 4 doses weekly time1

2. psor inum 200 – 1 dose. Stat.

3. nux vom 30 – 4-0-4 b/food. With water.

4. disc 4-0-4 a/food.

5. disc 4-0-4 a/food.

22/9/17: DIDN’T USE THE MED WELL. SO NO CHNAGES AT ALL. AFTER COITION EJACULATION THE SKIN IS NOT GOING BACK.

RX:

1. LEMNA MINOR 200 – DISC 4-4-4-4.WITH WATER
2. ARUNDO 20 0- 4-0-4/ 2 DRAM PILLS.WITH WATER
3. NUX VOM 200 – 1 DRM PILLS – 0-0-4 WITH WATER.
4. PSORINUM 200 – 2 DOSES WEEKLY. WITH WATER.

30/11/17: SNEEZINGS OK. NOT UPTO THE MARK IN ITCHING LEVEL. EOSINOPHILS R 10 A BIT HIGH., NOSE BLOCK REDUCED.

RX:

1.MEDO 10 M/THUJA1M/ AGARICUS 1M – 1 DRAM PILLS 4-4-4.

2.RUBRUM 15 – NIGHT 1 DOES.

3. NAT SULPH 6X 4-4-4-4.

23/1/18: 20-25 % better. Foreskin doesn’t retract after intercourse. Little white in color. No itching and no pain. from 3 years only facing this problem. Will be more free with frns. At home will not speak anything at home. No sharing .

Rx:

1. Caladium 200 – 4-4-4-4
2. Nat carb 200 – 3 doses – water b/food.
3. Rubrum tabs 1-0-1 b/food.

24/11/18: same problem persists.

Rx:

1. Medorhinum10m/thuja10m – 8 doses. Weekly once b/brush mng.
2. Nat carb 1m – 8 doses - nght b/food. Weekly
3. Caladium 1m – 2 dram pills 4-0-0 mng b/food. 2 bottles.
4. Rubrum 60 mng b/food.
5. Kali phos 6x 4-0-4 2 bottles.